

# Regional Service Project 2023

## “Invisible Conditions”

- ★ “Invisible Conditions” are health and social issues that affect many people but are not easily visible or recognized by others.
- ★ Some examples of invisible conditions are autism, multiple sclerosis, homelessness, and mental health issues.
- ★ People with invisible conditions often face stigma, discrimination, and lack of support from society. They may also struggle with daily challenges such as accessing services, finding employment, and maintaining relationships.
- ★ The service project “Invisible Conditions” aims to raise awareness and empathy for people with invisible conditions, and to provide them with resources and opportunities to improve their quality of life.



not every disability  
is visible



MENTAL  
HEALTH



SuperStars entry forms demonstrating how your chapter participates in the regional Service and Honors in Action projects will be available online by September 30, 2023.

# Carolinas Region Service Project 2023-2024

Chapter Name \_\_\_\_\_

College Name \_\_\_\_\_

## How can you participate in the Carolinas “Invisible Conditions” Service Project?

- 1) Volunteer with an organization that serves people with these conditions, such as the National Alliance on Mental Illness (NAMI).
- 2) Advocate through a run or walk for an organization in support for these conditions, such as the National Multiple Sclerosis Society.
- 3) Run an time-centered awareness campaign at school related to the “Invisible Conditions” project, for example during World Autism Month in October.

Tell us how your chapter served your community or school:

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Advisor Signature: \_\_\_\_\_

The information above will be captured in an online format for 2023-24. Please fill out the online form by (date) to be eligible to be recognized with a Carolinas Region HIA participation award at the 2024 Carolinas Regional Convention.

